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The impact of AI-enhanced educational technologies on reading comprehension skills development in students with learning disabilities: Towards individualized future education

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ABSTRACT

This study aimed to examine the effectiveness of AI-enhanced educational technologies compared to conventional instruction methods in improving reading comprehension skills among middle school students with learning disabilities through a quasiexperimental design. Twenty middle school students with identified learning disabilities from the Riyadh region, Saudi Arabia, were randomly assigned to experimental (n=10) or control (n=10) groups. The experimental group participated in an eight-week individualized AI-enhanced reading program featuring adaptive learning algorithms, multi-modal content delivery, and real-time personalized feedback. In contrast, the control group received conventional instruction. A comprehensive 25-item Reading Comprehension Skills Test assessed five domains: literal comprehension, vocabulary in context, inferential comprehension, critical analysis, and application/evaluation. Statistical analysis employed non-parametric procedures, including Mann-Whitney U tests for between-group comparisons and Wilcoxon signed-rank tests for within-group changes. Results demonstrated significant improvements for the experimental group across all reading comprehension domains compared to controls, with the most pronounced effects in critical analysis (p=.004) and total reading comprehension (p=.002). Within-group analysis revealed significant

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pre-to-post improvements in all domains for the experimental group, with effect sizes indicating substantial gains. Follow-up assessments confirmed sustained improvements without regression, suggesting durable intervention effects. The AI-enhanced platform's personalized, adaptive features effectively addressed the multifaceted nature of reading difficulties in students with learning disabilities, providing evidence for integrating AI technologies in special education interventions to promote individualized learning and long-term academic success.

KEYWORDS: Artificial intelligence, educational technology, reading comprehension, learning disabilities, individualized instruction, adaptive learning

Introduction

Reading comprehension difficulties represent a substantial educational challenge, affecting approximately 10-15% of students globally across diverse educational contexts (Elleman & Oslund, 2019; Kendeou et al., 2016; Nation, 2019; Torppa et al., 2019). This prevalence increases significantly among vulnerable populations, with 20-50% of students with language and learning disorders experiencing comprehension challenges (Capin et al., 2021, 2022). These statistics underscore critical implications for educational systems, including reduced academic achievement in complex reading-dependent subjects, increased risk of lower educational qualifications, and heightened likelihood of being out of education or employment in early adulthood (James et al., 2024). Addressing these challenges necessitates systematic investments in evidence-based interventions, specialized teacher training, and differentiated support mechanisms to ensure equitable educational outcomes for all students.

Students with learning disabilities in traditional educational settings encounter multifaceted reading comprehension challenges that significantly impede their academic progress. Core difficulties include decoding and word recognition deficits that prevent effective meaning extraction from text (Antonis, 2022; Brunow & Cullen, 2021) and persistent vocabulary limitations that create developmental gaps compared to typically developing peers (Quinn et al., 2020). These students demonstrate pronounced metacognitive strategy deficits, struggling with planning, monitoring, and evaluating their comprehension processes (Kampylafka et al., 2023; Lazarus & Anwalimhobor, 2023). Additionally, motivational and emotional barriers, including heightened reading anxiety and diminished academic self-concept, create cycles of avoidance that further compromise comprehension development (Dodur & Ceylan, 2025; Kampylafka et al., 2023). Higher-order cognitive processes such as inferential reasoning and critical comprehension remain particularly challenging for this population (Capin et al., 2021; Kocaj et al., 2023).

Reading comprehension challenges create substantial barriers to academic success for students with learning disabilities, with up to 80% experiencing significant difficulties that persist despite average or above-average intelligence (Willcutt et al., 2019). These deficits consistently result in lower academic performance, reduced GPAs, and slower progress across multiple domains including language, mathematics, and writing (Peterson et al., 2021; Quinn et al., 2020). Students demonstrate persistent achievement gaps that widen over time, as they begin with lower reading comprehension skills and fail to catch up to typically developing peers (Kocaj et al., 2023). Longitudinal research reveals these challenges lead to reduced academic attainment, incomplete credit completion, and increased dropout risks in higher education, with comorbid learning disabilities further compounding these adverse outcomes (Dodur & Ceylan, 2025; Howard-Gosse et al., 2023).

Conventional teaching methods, characterized by teacher-centered instruction and standardized curricula, demonstrate significant limitations in addressing students' diverse cognitive, sensory, and physical needs with learning difficulties (Bañados et al., 2024; Damyanov, 2024). These traditional approaches lack sufficient differentiation and personalization capabilities, failing to accommodate individual learning profiles while relying heavily on rote memorization techniques (Cheng & Lai, 2019; Sokpheng & Meng, 2022). The absence of multi-sensory and interactive instructional strategies, inadequate teacher training, and systemic barriers, including policy constraints and funding shortages, particularly affects under-resourced educational settings (Avdonina & Gurieva, 2020; Süer et al., 2021). Consequently, innovative technological solutions have become urgently necessary to create inclusive learning environments that can customize educational experiences, enhance student engagement through interactive content, and facilitate greater independence for students with special educational needs (Daniel et al., 2024; Naz & Murad, 2017).

Educational technology has undergone significant transformation over the past decade, evolving from basic digital tools to sophisticated, AI-driven platforms to support students with learning difficulties (Bozkurt, 2020; Guan et al., 2020). This evolution has been characterized by a shift toward personalized, adaptive learning systems that leverage artificial intelligence and data analytics to provide individualized interventions for students with dyslexia, ADHD, and autism spectrum disorders (Rodríguez-Cano et al., 2022; Wang et al., 2024). Contemporary educational technologies now emphasize inclusivity and accessibility through multilingual platforms, assistive software, and immersive tools such as virtual and augmented reality (Cummins, 2024; Gowher-Hassan et al., 2023). The field has evolved from technology-focused approaches to more theory-driven, evidence-based methodologies prioritizing educational values and addressing ethical considerations in supporting diverse learners (Valtonen et al., 2022).

Artificial intelligence has emerged as a transformative force in modern educational interventions, particularly for students with learning disabilities, by enabling personalized and adaptive learning experiences that address individual cognitive needs and learning profiles (Bressane et al., 2023; Chen et al., 2020). AI-driven systems utilize intelligent tutoring platforms, assistive technologies, and data-driven decision support tools to deliver tailored instructional methods, real-time feedback, and scaffolded learning environments (Hopcan et al., 2022; Kamalov et al., 2023; Papalexandratou et al., 2024; Tapalova & Zhiyenbayeva, 2022; Wang et al., 2024; Zhang et al., 2024). These technological interventions significantly enhance academic outcomes while promoting educational equity and accessibility for diverse learners.

AI-enhanced technologies fundamentally transform assistive learning by offering dynamic, personalized experiences that adapt to individual learners in real-time, contrasting sharply with traditional static tools. While conventional assistive technologies like screen readers and speech-generating devices provide standardized, one-size-fits-all solutions with limited adaptability (Giansanti & Pirrera, 2025; Zdravkova et al., 2022), AI-powered systems leverage machine learning algorithms to analyze learner performance, identify specific weaknesses, and continuously modify content delivery (Akavova et al., 2023; Sumanth et al., 2024). These intelligent systems foster enhanced interactivity through automated questioning, real-time feedback mechanisms, and collaborative learning environments (Redhu et al., 2024; Younas et al., 2025), while simultaneously providing holistic support that encompasses cognitive, communicative, and emotional needs through predictive analytics capabilities (Bhakiyasri, 2024; Hussein et al., 2025).

Individualized learning is crucial for students with learning difficulties because it addresses their unique cognitive profiles and learning needs through tailored instructional approaches that conventional one-size-fits-all methods cannot adequately support. Research demonstrates that individualized instruction produces significant academic gains in foundational skills such as mathematics and reading comprehension, benefiting students at risk for learning disabilities (Admeur & Attariuas, 2024; Kim & Lee, 2025). This personalized approach enhances student engagement, motivation, and self-efficacy by adapting content delivery to individual learning styles, prior knowledge, and emotional needs (Bernacki & Walkington, 2018; Zhang et al., 2019). Furthermore, individualized learning frameworks, including Individualized Education Plans (IEPs), systematically address both academic and personal-social skill development, creating comprehensive support systems that improve overall educational outcomes for students with intellectual and learning disabilities (du Plooy et al., 2024; Ishartiwi et al., 2023; Shanahan et al., 2024; Shemshack & Spector, 2020).

AI technologies facilitate personalized learning experiences through multiple sophisticated mechanisms that adapt to individual student needs and learning patterns. Adaptive learning systems analyze comprehensive student data including performance metrics, preferences, and learning pace to dynamically tailor content delivery, recommend appropriate resources, and adjust difficulty levels in real-time (Gligorea et al., 2023; Maghsudi et al., 2021; Taşkın, 2025). Intelligent tutoring systems and virtual companions provide individualized guidance and explanations, effectively simulating one-on-one instruction while delivering instant, personalized feedback on assignments and assessments (Chen et al., 2020; Tapalova & Zhiyenbayeva, 2022). Furthermore, generative AI creates customized learning materials in various formats and styles to accommodate diverse learning preferences, while predictive analytics identify at-risk students and enable timely interventions (Katiyar et al., 2024; Murtaza et al., 2022; Pesovski et al., 2024; Yu et al., 2017).

Several theoretical frameworks support individualized AI-enhanced educational approaches in addressing diverse learning needs. The Community of Inquiry (CoI) model has been adapted with generative AI

to personalize social, cognitive, and teaching presence, dynamically adjusting learning pathways and feedback to individual student requirements (Anderson et al., 2025). Learning sciences theories, grounded in constructivism and cognitive psychology, inform the design of AI algorithms for individualized scaffolding and adaptive feedback mechanisms (Luckin & Cukurova, 2019; Murtaza et al., 2022). Complex adaptive systems theory conceptualizes educational environments as dynamic ecosystems where AI mediates relationships among students, teachers, and content (Xu & Fan, 2021). The Education 4.0 and 5.0 paradigms advocate for personalized, adaptive learning environments that balance technological innovation with humanistic values (Castro et al., 2024; Rane et al., 2023). Cognitive psychology and adaptive learning models also ensure AI systems respond effectively to individual learning styles and abilities (Bhutoria, 2022; Tapalova & Zhiyenbayeva, 2022).

Based on the research evidence, several critical gaps exist in current educational approaches for students with reading comprehension disabilities. The most significant challenge is the research-to-practice gap, where effective interventions tested under controlled conditions fail to translate into typical classroom settings, particularly when delivered by regular teachers rather than researchers (McKenna et al., 2015; Talbott et al., 1994). Students with disabilities consistently demonstrate reading achievement gaps equivalent to more than three years behind their peers, gaps that remain stable over time despite policy interventions (Gilmour et al., 2018; Schulte et al., 2016). Additionally, there is inconsistent implementation of evidence-based practices, especially for students with intellectual disabilities and emergent bilinguals (Joseph et al., 2021; Sarisahin, 2020), while social-emotional factors such as reading anxiety and motivation remain largely unaddressed despite their significant impact on comprehension outcomes (Dodur & Ceylan, 2025; Söğüt & Melekoğlu, 2025).

Within the Saudi Arabian educational context, research has demonstrated the effectiveness of innovative approaches in improving reading comprehension among students with learning disabilities, including graphic organizers (Al-Balwi & Muhaidat, 2019), mind mapping strategies (Al-Harithi, 2019; Al-Saadawi, 2016), and specialized training programs (Alqahtani, 2018). However, implementation barriers continue to limit widespread adoption of these evidence-based strategies (Al-Zahrani, 2023), highlighting the need for scalable, technology-driven solutions that can overcome traditional constraints in the Saudi educational system.

Given these persistent challenges and the promising potential of AI-enhanced educational technologies, this study aims to investigate the impact of AI-enhanced educational technologies on reading comprehension skills development in students with learning disabilities. Through a quasi-experimental design utilizing both experimental and control groups, this research seeks to evaluate the effectiveness of individualized AI-driven interventions in improving reading comprehension outcomes and addressing the specific learning needs of students with disabilities in educational settings.

Method

Participants

This study employed a two-phase sampling approach to establish psychometric properties and evaluate intervention effectiveness. The psychometric validation sample consisted of 43 middle school students from Saudi Arabia, including 17 male students (39.5%) and 26 female students (60.5%). Participants were distributed across seventh grade (n = 19, 44.2%) and eighth grade (n = 24, 55.8%), with ages ranging from 13 to 15 years (M = 13.60, SD = 0.58).

The main study sample comprised 20 middle school students with identified learning disabilities from the Riyadh region, Saudi Arabia, including eight male students (40.0%) and twelve female students (60.0%). Participants' ages ranged from 13 to 14 years (M = 13.40, SD = 0.50). All participants were native Arabic speakers enrolled in public middle schools within the Saudi educational system. Students were identified as having learning disabilities based on formal educational assessments and Individual Education Plan (IEP) documentation maintained by their respective schools.

Instrumentation

Reading Comprehension Skills Test

A comprehensive Reading Comprehension Skills Test was developed specifically for this study to assess multiple dimensions of reading comprehension among students with learning disabilities. The test was designed in Arabic, the participants' native language, to ensure cultural and linguistic appropriateness for the target population.

The instrument consisted of 25 multiple-choice questions distributed across five authentic Arabic texts covering diverse topics, including technology in education, friendship and loyalty, renewable energy, artificial intelligence in medicine, and distance learning. The assessment was designed to be completed within 45 minutes. It evaluated five distinct reading comprehension domains: Literal Comprehension (5 items: questions 1, 6, 11, 16, 21), Vocabulary in Context (5 items: questions 2, 9, 12, 17, 22), Inferential Comprehension (6 items: questions 3, 5, 8, 13, 18, 23), Critical Analysis (5 items: questions 4, 7, 14, 19, 24), and Application and Evaluation (4 items: questions 10, 15, 20, 25).

The Reading Comprehension Skills Test underwent a comprehensive psychometric evaluation to establish its validity and reliability. Content validity was established through expert panel review involving 12 qualified judges who evaluated 28 initially developed items across multiple dimensions including skill-to-variable alignment, question-to-skill correspondence, appropriateness of response alternatives, clarity of item formulation, scoring key accuracy, and overall test length adequacy. Following expert review, three items were eliminated based on consensus feedback, resulting in the final 25-item instrument. The Content Validity Index (CVI) calculations revealed excellent content validity with scores ranging from 0.83 to 1.00 across all evaluated dimensions (M = 0.923), indicating strong agreement among experts regarding the test's appropriateness and relevance.

Reliability assessment demonstrated strong psychometric properties across multiple evaluation methods. Internal consistency using Cronbach's alpha coefficient showed acceptable to excellent reliability for all subscales: Literal Comprehension (α = .728), Vocabulary in Context (α = .744), Inferential Comprehension (α = .817), Critical Analysis (α = .830), and Application and Evaluation (α = .822), with overall test reliability of α = .844. Corrected item-total correlations ranged from .376 to .875 across subscales, while inter-subscale correlations with total test score ranged from .477 to .677. Split-half reliability using Spearman-Brown coefficient indicated satisfactory to excellent consistency: Literal Comprehension (r = .582), Vocabulary in Context (r = .706), Inferential Comprehension (r = .942), Critical Analysis (r = .861), Application and Evaluation (r = .879), and overall test (r = .916, Guttman coefficient = .915). Test-retest reliability demonstrated strong temporal stability with correlation coefficients ranging from .687 to .813 for individual subscales and .778 for the total test score (all p < .001), confirming the instrument's consistency across time and appropriateness for longitudinal assessment.

Study Design and Procedure

This study employed a quasi-experimental design with both experimental and control groups to evaluate the effectiveness of AI-enhanced educational technologies in improving reading comprehension skills among students with learning disabilities. The 20 participants were randomly assigned to either the experimental group (n = 10) or the control group (n = 10), with careful attention to maintaining balanced gender and grade-level distribution across both conditions.

The intervention program was implemented over eight weeks during regular school hours, with sessions conducted three times per week for 45 minutes each. The experimental group participated in an individualized AI-enhanced reading comprehension program for students with learning disabilities. This program featured an adaptive learning management system that utilized machine learning algorithms to analyze each student's reading performance in real-time, identifying specific areas of difficulty and automatically adjusting content complexity, pacing, and instructional strategies accordingly. The AI system employed natural language processing capabilities to provide immediate, personalized feedback on reading responses, offering corrective guidance and encouraging reinforcement based on individual error patterns and learning progress.

The AI-enhanced platform incorporated multi-modal learning approaches, presenting text materials through various sensory channels, including visual text display with adjustable font sizes and colors, synchronized audio narration with highlighting features, and interactive graphic organizers that supported comprehension monitoring. The system's intelligent tutoring component provided scaffolded reading experiences by breaking complex texts into manageable segments, offering vocabulary support through contextual definitions and visual associations, and guiding students through systematic comprehension strategies such as prediction, questioning, clarification, and summarization. Additionally, the platform featured gamification elements, including progress tracking, achievement badges, and adaptive difficulty levels that maintained optimal challenge while preventing

frustration, thereby enhancing student motivation and engagement throughout the intervention period.

The AI system continuously collected and analyzed student interaction data, including response accuracy, time-on-task, help-seeking behaviors, and comprehension strategy usage patterns. This data informed the system's decision-making algorithms, enabling dynamic personalization of learning pathways and immediate intervention when students encountered difficulties. The platform also provided detailed progress reports for students and instructors, facilitating ongoing monitoring and adjustment of individualized learning goals.

In contrast, the control group received conventional reading comprehension instruction following the standard curriculum guidelines established by the Saudi Ministry of Education. These sessions involved teacher-led discussions of Arabic texts, traditional comprehension questioning techniques, vocabulary instruction through direct explanation methods, and paper-based reading exercises focused on literal and basic inferential comprehension skills. Control group participants used standard textbooks and worksheets, with instruction delivered through whole-group and small-group configurations typical of traditional classroom environments. Both groups completed pre-test and post-test assessments using the developed Reading Comprehension Skills Test, administered under standardized conditions by trained research assistants blind to group assignment.

Data Analysis

Data analysis employed non-parametric statistical procedures to accommodate the characteristics of the sample and data distribution. The Mann-Whitney U test was used to examine between-group differences in reading comprehension performance, comparing experimental and control groups on pre-test and post-test measures across all five reading comprehension domains. The Wilcoxon signed-rank test was applied to evaluate withingroup changes from pre-test to post-test, assessing the significance of improvements in reading comprehension skills for both experimental and control groups. Data analysis was conducted using SPSS software, with detailed examination of changes in each reading comprehension subscale to identify specific areas of improvement resulting from AI-enhanced interventions.

Results

Prior to implementing the intervention, baseline comparisons were conducted to ensure equivalence between the experimental and control groups across all reading comprehension domains. The Mann-Whitney U test revealed no statistically significant differences between groups at pre-test, confirming successful randomization and establishing comparable starting points for both conditions. As presented in Table 1, the experimental and control groups demonstrated similar performance levels across all five reading comprehension subscales: literal comprehension (U = 44.000, p = .684), vocabulary in context (U = 44.500, p = .684), inferential comprehension (U = 41.000, p = .529), critical analysis (U = 34.000, p = .247), and application and evaluation (U = 43.500, p = .631). The total reading comprehension scores also showed no significant baseline differences between groups (U = 46.000, p = .796), indicating that post-intervention differences could be attributed to the AI-enhanced educational technology intervention rather than pre-existing group disparities.

Table 1 Pre-test Comparisons Between Experimental and Control Groups Using Mann-Whitney U Test

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Domain	Group	N	Mean Rank	Mann-Whitney U	Z	p-value
Literal Comprehension	Experimental	10	11.10	44.000	466	.684
	Control	10	9.90			
Vocabulary in Context	Experimental	10	11.05	44.500	432	.684
	Control	10	9.95			
Inferential Comprehension	Experimental	10	9.60	41.000	711	.529
	Control	10	11.40			
Critical Analysis	Experimental	10	12.10	34.000	-1.247	.247
	Control	10	8.90			
Application and Evaluation	Experimental	10	11.15	43.500	516	.631
	Control	10	9.85			

Total Reading Comprehension	Experimental	10	10.90	46.000	306	.796
	Control	10	10.10			

Note: All p-values are two-tailed exact significance values

Following the eight-week AI-enhanced educational technology intervention, substantial and statistically significant differences emerged between the experimental and control groups across all reading comprehension domains. As detailed in Table 2, the experimental group consistently outperformed the control group on all post-test measures, with effect sizes ranging from moderate to large across different comprehension skills. The most pronounced differences were observed in critical analysis (U = 13.000, p = .004) and total reading comprehension scores (U = 11.500, p = .002), indicating that the AI-enhanced intervention was particularly effective in developing higher-order thinking skills and overall reading comprehension abilities.

Significant improvements were also evident in inferential comprehension (U = 18.000, p = .015) and application and evaluation skills (U = 18.000, p = .015), demonstrating the intervention's effectiveness in enhancing complex cognitive processes essential for deep text understanding. Additionally, foundational skills showed marked improvement, with vocabulary in context (U = 22.000, p = .035) and literal comprehension (U = 23.500, p = .043) reaching statistical significance. These comprehensive improvements across all reading comprehension domains suggest that the AI-enhanced educational technology provided effective individualized support that addressed the multifaceted nature of reading difficulties experienced by students with learning disabilities.

Table 2 Post-test Comparisons Between Experimental and Control Groups Using Mann-Whitney U Test

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Domain	Group	N	Mean Rank	Mann-Whitney U	Z	p-value
Literal Comprehension	Experimental	10	13.15	23.500	-2.056	.043*
	Control	10	7.85			
Vocabulary in Context	Experimental	10	13.30	22.000	-2.189	.035*
	Control	10	7.70			
Inferential Comprehension	Experimental	10	13.70	18.000	-2.490	.015*
	Control	10	7.30			
Critical Analysis	Experimental	10	14.20	13.000	-2.870	.004**
	Control	10	6.80			
Application and Evaluation	Experimental	10	13.70	18.000	-2.517	.015*
	Control	10	7.30			
Total Reading Comprehension	Experimental	10	14.35	11.500	-2.918	.002**
	Control	10	6.65			

Note: * p < .05, ** p < .01; All p-values are two-tailed exact significance values

The Wilcoxon signed-rank test was employed to examine pre-test to post-test changes within the experimental group, revealing statistically significant improvements across all reading comprehension domains following the AI-enhanced intervention. As shown in Table 3, all participants who demonstrated change showed improvement, with no negative ranks observed across any of the measured domains. The most substantial improvements occurred in inferential comprehension (Z = -2.842, p = .004), where all ten participants showed measurable gains, indicating the intervention's effectiveness in developing students' ability to draw conclusions and make connections beyond explicitly stated information.

Critical analysis skills also significantly enhanced (Z = -2.724, p = .006), with nine of ten participants improving and one participant maintaining their baseline level. This finding suggests that the AI-enhanced platform's emphasis on higher-order thinking skills and personalized feedback mechanisms effectively supported students in developing analytical reasoning abilities. Application and evaluation skills showed significant improvement (Z = -2.392, p = .017), with seven participants demonstrating gains, indicating enhanced ability to apply reading strategies and evaluate text content. Foundational skills also improved significantly, with vocabulary in context (Z = -2.214, p = .027) and literal comprehension (Z = -2.041, p = .041) both showing

meaningful gains. The total reading comprehension scores demonstrated highly significant improvement (Z = -2.812, p = .005), with all participants showing positive change, confirming the comprehensive effectiveness of the AI-enhanced educational technology intervention.

Table 3 Within-Group Pre-test to Post-test Changes in Experimental Group Using Wilcoxon Signed-Rank Test

Domain	Negative Ranks	Positive Ranks	Ties	Z	p-value
Literal Comprehension	0	5	5	-2.041	.041*
Vocabulary in Context	0	6	4	-2.214	.027*
Inferential Comprehension	0	10	0	-2.842	.004**
Critical Analysis	0	9	1	-2.724	.006**
Application and Evaluation	0	7	3	-2.392	.017*
Total Reading Comprehension	0	10	0	-2.812	.005**

Note: *p < .05, **p < .01; *Positive ranks indicate improvement from pre-test to post-test*

To evaluate the sustainability of intervention effects, follow-up assessments were conducted with the experimental group to examine whether improvements were maintained over time. The Wilcoxon signed-rank test comparing post-test to follow-up scores revealed no statistically significant changes across any reading comprehension domain, as presented in Table 4. This pattern of non-significant results indicates that the gains achieved through the AI-enhanced educational technology intervention were successfully maintained during the follow-up period. The stability of improvements was evident across all domains: literal comprehension (Z = -.577, p = .564), vocabulary in context (Z = -.816, p = .414), inferential comprehension (Z = -.447, p = .655), critical analysis (Z = -1.414, p = .157), and application and evaluation (Z = -.577, p = .564). Total reading comprehension scores also remained stable (Z = -1.098, p = .272), with the slight positive trend suggesting potential continued growth rather than skill deterioration. The mixed pattern of positive and negative ranks across domains, combined with the predominance of tied scores, indicates that most participants maintained their post-intervention performance levels without significant regression, supporting the durability of the AI-enhanced intervention effects.

Table 4 Follow-up Assessment: Post-test to Follow-up Changes in Experimental Group Using Wilcoxon Signed-Rank Test

Domain	Negative Ranks	Positive Ranks	Ties	Z	p-value
Literal Comprehension	1	2	7	577	.564
Vocabulary in Context	1	2	7	816	.414
Inferential Comprehension	2	3	5	447	.655
Critical Analysis	0	2	8	-1.414	.157
Application and Evaluation	1	2	7	577	.564
Total Reading Comprehension	3	5	2	-1.098	.272

These results demonstrate that the AI-enhanced educational technology intervention produced significant, comprehensive, and sustained improvements in reading comprehension skills among students with learning disabilities, with effects maintained over the follow-up period.

Discussion

The findings demonstrate that AI-enhanced interventions yield comprehensive improvements across all five reading comprehension domains for students with learning disabilities, contrasting with the selective gains reported in traditional assistive technology research. While conventional technologies like text-to-speech and word processors show moderate improvements in literal comprehension and vocabulary acquisition (Lewis & Lewis, 1998; Svensson et al., 2019), their impact on higher-order skills remains limited (Perelmutter et al., 2017). In contrast, AI-driven personalized interventions significantly improve literal comprehension, vocabulary, inferential reasoning, critical analysis, and application/evaluation domains (Deckker & Sumanasekara, 2025; Yang et al., 2024). This effectiveness suggests AI-based approaches address the multifaceted nature of learning

disabilities more holistically than traditional methods, which target specific deficits rather than offering integrated support across comprehension domains (Fernández-Batanero et al., 2022). The improvements align with theoretical frameworks emphasizing individualized, multi-modal interventions for students with learning disabilities, where adaptation to cognitive profiles is essential for academic progress.

The sustained improvements with AI-enhanced educational technology, without significant regression during follow-up, stem from key factors distinguishing these interventions from traditional approaches. AI tools' personalized, adaptive nature ensures continuous adjustment to each student's learning pace and progress, preventing plateauing seen in static interventions (Alkhawaldeh et al., 2023; Yang, 2022). AI-based interventions also target cognitive processes like working memory and selective attention, which are fundamental to reading comprehension sustainability (Almahdawi et al., 2024; El-Zeiny et al., 2024). Integrating self-regulated learning features—goal-setting, monitoring, and gamified elements—enhances motivation and engagement, strongly linked to long-term academic success (Rad, 2025). Additionally, AI systems offer immediate feedback and repeated practice that reinforce learning and reduce instructional variability, contributing to inconsistent maintenance of gains (Adjiovski et al., 2024; Liu et al., 2024). This sustainability addresses a persistent challenge in special education, where initial gains often fade due to limited reinforcement in traditional settings.

The superior performance of AI-enhanced interventions in developing higher-order thinking skills, especially critical analysis and inferential comprehension, stems from their personalized, adaptive, and interactive learning experiences that transcend traditional pedagogical limits (Dibek et al., 2025; Huang et al., 2024). Unlike conventional approaches focusing on foundational skills due to standardization constraints, AI systems provide sophisticated scaffolding and consistent implementation of complex strategies at scale (Lu et al., 2024; Walter, 2024). These technologies use multimodal environments and real-time feedback to stimulate deeper cognitive processing essential for higher-order thinking (Liu & Wang, 2024; Wang et al., 2022). AI's ability to enhance self-efficacy and metacognitive awareness fosters optimal conditions for complex engagement (Gerlich, 2025; Wu, 2024). This advancement helps bridge the research-to-practice gap by enabling evidence-based interventions previously difficult to implement consistently. Developing critical analysis and inferential skills is especially important, as these processes are challenging for students with learning disabilities and vital for academic success.

The improvements also reflect the theoretical foundations of individualized learning, recognizing that students with learning disabilities need differentiated instruction tailored to their cognitive profiles and strengths. The AI-enhanced platform's ability to address multiple comprehension domains suggests these technologies offer the intensive, individualized intervention consistently identified as necessary for meaningful progress. The vocabulary-in-context gains show how AI systems provide contextual support and scaffolding that help students overcome persistent vocabulary limitations contributing to developmental gaps with typically developing peers. Likewise, the gains in inferential comprehension indicate that AI-enhanced interventions effectively address metacognitive strategy deficits common among students with learning disabilities in planning, monitoring, and evaluating comprehension.

The maintenance of gains during the follow-up period provides compelling evidence for the effectiveness of AI-enhanced interventions, as skill maintenance has been identified as a critical challenge in special education research. Traditional interventions often show promise but fail to produce lasting effects, particularly when students return to conventional instructional environments. The stability of improvements across all reading comprehension domains suggests that the AI-enhanced intervention succeeded in developing surface-level skills and fundamental cognitive competencies that students could transfer and apply independently. This finding has important implications for educational practice, as it suggests that AI-enhanced interventions may solve the persistent challenge of ensuring that intervention gains translate into long-term academic success for students with learning disabilities.

The findings of this study have important implications for educational practice, policy, and the use of assistive technologies in schools serving students with learning disabilities. It suggests that AI-enhanced technologies be integrated into IEPs as evidence-based interventions for students with reading comprehension difficulties. Administrators and special education coordinators should consider investing in AI-driven platforms as cost-effective solutions for consistent, high-quality individualized instruction. These interventions could serve as transitional tools, helping students develop independent reading skills that benefit them across

academic subjects and levels. The results indicate that traditional whole-group instruction models may need reconceptualization to include more individualized, technology-enhanced approaches. Teachers should receive professional development to understand how AI systems complement instruction and support differentiated learning in inclusive classrooms.

Several limitations must be acknowledged when interpreting this study's findings. The research on AI-enhanced interventions for students with learning disabilities in Saudi Arabia is limited by its small sample size of 20 participants and focus on Arabic-speaking students. Effectiveness may vary across languages, cultures, and educational systems. The eight-week intervention may not reflect the long-term challenges schools face when adopting large-scale AI technologies. The quasi-experimental design introduces threats to internal validity, as the lack of a waitlist control means control participants received no enhanced intervention. The study did not analyze specific features of the AI platform responsible for improvements, limiting insight into the active ingredients of effective intervention. The brief follow-up period calls for longer-term studies to determine whether improvements persist and lead to broader academic success. Technical limitations regarding the platform's adaptability to individual learning profiles may not have been fully addressed in the design.

Future research should address several key areas to build upon the promising findings of this study and advance our understanding of AI-enhanced educational interventions for students with learning disabilities. Large-scale randomized controlled trials are needed to establish AI-enhanced reading interventions' generalizability and external validity. Longitudinal studies should follow participants for extended periods to understand the long-term sustainability of intervention effects and their impact on academic outcomes. Component analysis studies should identify the features and mechanisms within AI-enhanced platforms that contribute most significantly to reading comprehension improvements. Future investigations should explore the optimal dosage, duration, and implementation models for AI-enhanced reading interventions, comparing them with other evidence-based approaches. Research should also examine the effectiveness of AI-enhanced interventions for students with different learning disabilities and comorbid conditions.

Conclusion

This study provides compelling evidence that AI-enhanced educational technologies can significantly improve reading comprehension skills across multiple domains for students with learning disabilities, with comprehensive and sustained effects over time. The intervention's success in developing foundational skills and higher-order thinking abilities represents a meaningful educational technology advancement for special populations. The sustained improvements observed during follow-up assessments suggest these technologies may bridge the research-to-practice gap by providing individualized, adaptive support that translates into long-term academic success. While limitations exist and further research is needed, this study demonstrates that AI-enhanced interventions hold significant promise for enhancing educational outcomes and promoting academic success for students with learning disabilities.

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Authorship and Level of Contribution

All authors contributed to the research of the literature, collection of data, analysis, and interpretation of the collected data.

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